



# KIDNEY MATTERS

The Newsletter of the Q.E.H.K.P.A. June 2015  
Visit [www.kidneymatters.co.uk](http://www.kidneymatters.co.uk)

Registered Charity No.513446

## Queen Elizabeth Hospital Kidney Patients' Association

The Patients' Association for all Renal Patients treated by the Q.E. Hospital

Patients on HHD, Transplant, and PD

Dialysis Units at Aston, Great Bridge (Tipton), Woodgate, Kings Norton, Smethwick, Sparkhill, Worcester, Kidderminster, Hereford, Llandrindod Wells, and U.H.B.

### IMPORTANT CHANGES to Patient Transport

Patient transport is a very important part of a renal patient's life. Late pickups, long waits, not sure when the transport will arrive etc are only some of the issues Renal Patients have to put up with.

The Birmingham Cross City Commissioners are currently planning a new patient transport contract. This will have a major impact on your treatment if it does not meet your needs. I am currently involved with this project keeping Renal Patients' needs for a good transport service as a priority.

Although there are now NICE guidelines for renal patient transport, which if implemented would make a significant improvement for patients, at this time these recommendations are not being included.



The CCG's are saying that Renal Patients do not need any special requirements for Patient Transport.

#### The New Proposals are:-

- Inward Journey within 10 miles: up to 60 Minutes ( NICE - 30 Minutes )
- Arrive 45 minutes early ( NICE - 30 Minutes )
- Collected within 60 minutes after treatment ( NICE - 30 Minutes )
- Return journey within 10 miles: up to 60 Minutes ( NICE - 30 Minutes )

Over the next few months there are public consultations. You will be receiving questionnaires and be asked for your comments. Please do not ignore these opportunities to voice your opinion. It is the one opportunity you have to get a transport service that meets your needs.

You can send me your comments or send them to the Commissioners with the questionnaires.

#### Let's make the patients' voice heard

Dialysis Patients deserve a better Transport Service that meets your needs and follows the NICE Guidelines.

A copy of the Proposed Patient Transport Charter from the CCG's and NICE Guidelines are on our web site.  
[www.kidneymatters.co.uk](http://www.kidneymatters.co.uk)

Copies of the Questionnaires will available in all Dialysis units. Please fill them in.

If you want to contact me to discuss this, my contact details are on the back page or come along to the K.P.A. monthly meetings.

To contact the Commissioners direct 0121 2550828

or email [engage.birminghamcrosscity@nhs.net](mailto:engage.birminghamcrosscity@nhs.net)

Nick Flint, Chairman Q.E.H.K.P.A.

K.P.A. meetings are held at the Queen Elizabeth Hospital on the 2<sup>nd</sup> Wednesday of each month at 7.30 pm in the New Faith Centre. Please check our web site or phone a committee member in case of a change of date.  
EVERYONE IS WELCOME. SUPPORT YOUR K.P.A.

## New Smethwick Dialysis Unit Opens

A new 40 station dialysis unit opened on the 3<sup>rd</sup> June in Smethwick. This replaces the unit at City Hospital and enables patients who are treated at other units around Birmingham to dialyse closer to home. The Q.E.H.K.P.A. provided a bite and a drink to celebrate the opening of the new unit to welcome the patients on their first visit.

The centre, run by Assure Dialysis Services, is a purpose-built dialysis centre with a range of facilities including isolation rooms, a home haemodialysis training suite and seminar rooms. Gabby Kelly is the unit manager and will be seeing that patients are made comfortable while they have the dialysis they need.



## Membership of the Queen Elizabeth Hospital Kidney Patients' Association

We have been asked many times, "How do I become a member of the K.P.A.?" The Q.E.H.K.P.A. is set up to support ALL renal patients who are treated by the Queen Elizabeth Hospital, their carers or family. They may be on dialysis at any one of the 10 units or the Q.E., at home, on peritoneal dialysis, a Transplant Patient or anyone who has a renal condition. We are there to support all these patients and the Hospital.

We meet every month on the 2nd Wednesday at 7.30pm in the Faith Centre at the Hospital and everyone is welcome.

We do suggest that if you are thinking of coming along to one of our meetings to phone one of the committee to check that we have not changed the time for that particular night.

We hope some of you will pop along. You will be made very welcome.



## TAKE AN ENJOYABLE HOLIDAY AND REVITALISE YOURSELF

Diaverum is the world's largest independent renal care provider, with wide experience and presence in over 20 countries. Diaverum has 29 clinics, located in major cities in Spain with important tourist and holiday offers in areas such as Catalonia, Valencia, Andalusia and Galicia.

It is our desire and we work hard for one purpose, to make the patients feel

revitalised by the experience of staying in our units. We take care of each of our patients with high quality renal therapy. The patient is the centre of our activities and we work hard to improve their quality of life.

Simply choose your dream holiday destination and we will help you to manage your dialysis at your holiday location.

### Let us suggest some examples that we think you may find enjoyable .....

Malaga, Torremolinos: Mild temperatures all year round. Located on the Costa del Sol and only 12km from Malaga.

Barcelona, Mataro: Maresme: located 60km from Barcelona. Its wide open beaches offer excellent services and numerous water sports facilities.

Castellon, Oropesa Del Mar: Great hotel and leisure activities. The pleasant climate, fine sand beaches and historical monuments ensure that you have a pleasurable holiday.

Barcelona, Pineda del Mar: Good option if you decide to visit Costa Brava. More than 3km of beach and good connection with Barcelona and Girona.

Huelva, Playas de Cartaya: Typical of Andalusian village with careful tourist development. Offers sun, white beaches, golf courses and natural landscapes.

Pontevedra, Pontevedra: In the centre of the Rias Baixas, that is very well connected with the main Galician cities, you can enjoy beautiful beaches and historical attractions.

Contact for more details:-

Paulina Walkowiak | email: [paulina.walkowiak@diaverum.com](mailto:paulina.walkowiak@diaverum.com)



There are now over 50 topics on Patient Information. The booklets are all produced by the Q.E. and are available on our website to download. Just go to [www.kidneymatters.co.uk](http://www.kidneymatters.co.uk) Also you will find lots of information on healthy eating for dialysis patients.

## Geoffrey Kay – Renal Patient

Geoffrey sadly passed away last year. He was a renal patient treated at the Q.E. and had a successful transplant for about 16 years. He had always been very grateful and appreciated the care and treatment he had received from the Hospital over the years. The Queen Elizabeth Hospital Kidney Patients' Association were very humbled that he had bequeathed us £32,000 to help us in our work to support Renal Patients and the Queen Elizabeth Hospital. Thank you Geoffrey.

## Aston Units Oldest Patient

27<sup>th</sup> March was a day of celebration at the Aston Dialysis Unit. Mabel Orme was 90 and she is their oldest patient. The Staff presented her with a Birthday Cake and made her day very special. It was a great privilege to meet her and the K.P.A. gave her a bouquet of flowers. Mabel was looking forward to a celebration with her family the following weekend. She is an example to us all and we wish her every happiness.



## Patients' Holiday

Sharon Pilling on Ward 301 is again organising a patient holiday. This year it is to Benidorm. They have not been to this location before so it will be an interesting and exciting holiday for all. The date is the 27<sup>th</sup> September 2015 for 2 weeks.

This is a great opportunity for patients to “getaway” with the assurance of experienced nurses, who are able to deal with any problems or concerns patients may have. The staff understand for many patients going on holiday is a very daunting time, particularly if it is the first time away on dialysis.

If anyone would like further details please contact the Q.E. on 0121 371 2000 and ask for Sharon Pilling on ward 301.

Everyone who has been on these holidays has had a very enjoyable time. The K.P.A. are pleased to support this holiday by funding a member of staff.



Patients enjoying an afternoon rest on last years holiday

## Towns Women's Guild supports the K.P.A.



Wylde Green, Sutton Coldfield Towns Women's Guild organised fundraising events and supported the K.P.A. They invited us to one of their meetings and presented us with a cheque for £1260, a very generous amount which we will be using to support the Renal Patients at Queen Elizabeth Hospital and Renal Research at the Q.E.

The K.P.A. thanks them all very much for all the hard work they do and for supporting our Charity.

President Sue Jackson presents the cheque for £1260.

Many people have donated to the Queen Elizabeth Hospital Kidney Patients' Association using their mobile phone.

It's a very easy way to help us. If you would like to help

Text **KDNY11 £3 to70070** and this would donate £3 to the K.P.A.

You can choose to donate £1, £2, £3, £5, or £10. by changing the amount in the message.

Thank you for your support and thanks to those who have already donated.

## Donations by Cheques

Will you please make all cheques payable to Queen Elizabeth Hospital Kidney Patients' Association or Q.E.H.K.P.A.

Money can be ring fenced for a specific purpose or unit.

# NOTICE

## Queen Elizabeth Hospital Kidney Patients' Association

### ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the  
**Queen Elizabeth Hospital Kidney Patients' Association**  
 will be held in the Faith Centre of the Queen Elizabeth Hospital Birmingham  
 on Wednesday 8th JULY 2015 at 7.30 p.m.

#### **AGENDA**

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|---|---------------------------------------|
| 1. Apologies for absence                            | 5. Treasurer's report                 |
| 2. Minutes of the last A.G.M. held on 9th July 2014 | 6. Election of Officers and Committee |
| 3. Matters arising                                  | 7. Appointment of Auditors            |
| 4. Chairman's report                                | 8. Any other business                 |

*Nominations for Officers or Committee Members should be proposed and seconded and sent to our Secretary before the start of the A.G.M.*

*For and on behalf of the Association **Joan Ingram, Secretary***

### **World Kidney Day in March**

The K.P.A. celebrated world Kidney Day in the Atrium at the Queen Elizabeth Hospital. We were supported by the Renal departments, Haemodialysis, CAPD and Dietitians. Also the support team brought down a Dialysis machine to show the public and patients all about treatments. The Renal Research team also supported us detailing some of the work they do for patients. We were also supported by volunteers promoting organ donation with particular emphasis on the Asian community. We were very pleased at the response and they signed up many people. There was also a lot of interest in live donation and we were able to give information.

A good day in promoting the work of the K.P.A. and the Hospital's Renal Team.

We thank the Hospital for their co-operation in allowing us the use of the Atrium.



### **In Memoriam**

Our sympathies go to the families and friends of loved ones who have sadly passed away.

We are very grateful for donations sent to help us continue our support for patients and the Hospital in memory of loved ones.

We remember Roger Hildreth, Eric Cooper, Barry Pardoe, Phyllis Taylor, Rama Vadgama, Violet Harper, Samuel Williams, Francis Stanley and Gemma Ward.

### **Recent Donations**

The K.P.A. has received donations from Patients and Friends. Some are from fundraising events they have organised. We are extremely grateful to them all for helping us.

Over the last few months we have been supported by Mrs Coats, Jeremy Duggan, Phillip Lee (celebrating 12 months of a transplant), The St Johns Lodge Wolverhampton donated £750, Sylvia Goulding again had another of her fundraising events. Pat Sirrett raised £500 during her period as Captain of North Worcester Gold Club, Tony Hale supported us with after dinner talks at W.I.'s other organisations and Mr. and Mrs. Dark had a Garden Party.

Thank you to everyone who has sent us donations to help with our work. We are very grateful.  
*Thank you all from the Queen Elizabeth Hospital Kidney Patients' Association.*

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