



Kidney Matters®

The Newsletter of the
Queen Elizabeth Hospital Kidney Patients' Association
November 2025
VISIT www.kidneymatters.co.uk

Queen Elizabeth Hospital Kidney Patients' Association

The Patients' Association is for all Renal Patients treated by the Q.E. Hospital.
Patients on HHD, Transplant and PD
Dialysis Units at Aston, Great Bridge, Woodgate, Kings Norton, Smethwick, Sparkhill, Redditch,
Worcester, Hereford, Llandrindod Wells, and U.H.B.

Kidney Matters is distributed free to over 2700 Renal Patients treated by the Q.E. Hospital

Len Ingram sadly passed away.

It is with much sadness that I inform you that Len Ingram sadly passed away on Monday 20th October 2025.

Len had been ill for a few months but after having a fall, unfortunately his condition deteriorated, and he passed away peacefully at home with his family.

Len and his wife co-founded the Queen Elizabeth Hospital Kidney Patients Association 44 years ago together with Bill Essex a transplant coordinator and Dr Jonathan Michael at the Queen Elizabeth Hospital Birmingham.



Len was always fully involved with the K.P.A. in fund raising and supporting the Hospital. Many long days were spent in the cold collecting and running tombola's etc. in supermarket entrances in winter. He Informed the public at World Kidney Days making them aware of the work of the Hospital's Renal Department and that of the Queen Elizabeth Hospital Kidney Patients Association.

In the early days of the K.P.A. they had an old red London Bus which was taken round to do street collections and also to take patients on outings to Weston and other seaside destinations. On one occasion it was take to Belgium with a party of renal patients.

Len will be sadly missed by us all. Our love and thoughts are with his wife Joan and his family at this very sad time

R.I.P. Len

Thanks to those who have made donations to the Queen Elizabeth Hospital Kidney Patients' Association

The Q.E.H.K.P.A. thank all of you who have raised money or donated to us over recent months and years.

The Queen Elizabeth Hospital Kidney Patients Association has been able to support recently: -

The Birmingham Transplant Centre and other projects

We have been able to donate £100,000.00. towards the Birmingham Transplant centre at the Queen Elizabeth Hospital.

Given exercise balls for helping Patients after having fistulas, extra soft mattresses to help some patients and Lunchtime Parties at some of the Dialysis units.

These are just some of the areas we have been able to support thanks to the very generous donations we have received from patients, families and friends.

Renal Wards 303 and 305

The Queen Elizabeth Hospital Kidney Patients' Association paid for the refurbishment of the Patient Day Room on Wards 303 and 305. This project had to be stopped due to covid.

We are very pleased to hear that it has now taken place. It has been re-decorated and new furnishings with tables and chairs and some patient entertainment.

There have been some unexpected delays due to safety work on the wards with disruption which meant ward closures. When this work is completed, the Day Rooms will be available for patients.

The day rooms will be for renal patients. It will be a change for them to be able to sit in an area away from their beds in comfortable surroundings.

These are some pictures of the finished Day Rooms



Your generosity has been tremendous and very welcome. It helps us continue our support for the Renal Patients and the Renal Departments at the Queen Elizabeth Hospital.

General Information about the Q.E.H.K.P.A.

Please look for the New Patient Information section on our website

www.Kidneymatters.co.uk.

All the Renal Patient Information Booklets are available now on our website and are able to be viewed or downloaded.

Topics include: - Peritoneal Dialysis, General Renal Information, Living Kidney Donation, Haemodialysis Information, General Information, Shared Care on H.D., Young Person Information

Dietary information is on the website. Go to www.kidneymatters.co.uk and then go to "Dietary info".

If anyone would like to offer their help and support in the running of the K.P.A., we would be pleased to hear from you. It can be either a patient or family member or just who want to help Renal Patients and the Renal Department at the Queen Elizabeth Hospital.

Please send an email to QEHKPA@GMAIL.COM for further information.

THANK YOU

If you wish to contact the Queen Elizabeth Hospital Kidney Patients' Association

our email address is gehkpa@gmail.com

or Phone Nick Flint on 07720597468

In Memoriam

The Queen Elizabeth Hospital Kidney Patients' Association conveys our deepest sympathies to those families who have sadly lost a loved one and thank them for their very generous donations in their memory.

Contacts for the Q.E.H.K.P.A.

Please phone, write or email if you need information or help

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We would like to wish you all a very Happy Christmas and a very good New Year